Assessment of English language skills for entry to

10751 Certificate III English for Further Study

Name: ________________________________________________________________

PLEASE ATTACH THIS TO YOUR ENROLMENT FORM

Before your enrolment application is accepted we need to see that the course is at a suitable level for your English language skills.
Reading Test 1

Read the texts below and answer the questions.

There are two types of diabetes called:

- **Type 1 diabetes** which is only 10% of all diabetes. This is not caused by lifestyle and no cure is known.

- **Type 2 diabetes** comprises 90% of people with diabetes around the world, and is largely the result of excess body weight and physical inactivity. Until recently, this type of diabetes was seen only in adults but it is now also occurring in children.

This chart shows the prevalence of diabetes worldwide

<table>
<thead>
<tr>
<th>Country</th>
<th>2000</th>
<th>2030</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>World</strong></td>
<td>171,000,000</td>
<td>366,000,000</td>
</tr>
<tr>
<td><strong>Brazil</strong></td>
<td>4,553,000</td>
<td>11,305,000</td>
</tr>
<tr>
<td><strong>Canada</strong></td>
<td>2,006,000</td>
<td>3,543,000</td>
</tr>
<tr>
<td><strong>Australia</strong></td>
<td>941,000</td>
<td>1,673,000</td>
</tr>
<tr>
<td><strong>China</strong></td>
<td>20,757,000</td>
<td>42,321,000</td>
</tr>
<tr>
<td><strong>Republic of Korea</strong></td>
<td>1,859,000</td>
<td>3,378,000</td>
</tr>
<tr>
<td><strong>Japan</strong></td>
<td>6,765,000</td>
<td>8,914,000</td>
</tr>
<tr>
<td><strong>Georgia</strong></td>
<td>200,000</td>
<td>223,000</td>
</tr>
<tr>
<td><strong>Germany</strong></td>
<td>2,627,000</td>
<td>3,771,000</td>
</tr>
<tr>
<td><strong>United States of America</strong></td>
<td>17,702,000</td>
<td>30,312,000</td>
</tr>
</tbody>
</table>

**KEY FACTS**

- More than 220 million people worldwide have diabetes.
- In 2005, an estimated 1.1 million people died from diabetes.
- Almost 80% of diabetes deaths occur in low- and middle-income countries.
- Almost half of diabetes deaths occur in people under the age of 70 years; 55% of diabetes deaths are in women.
- World Health Organisation projects that diabetes deaths will double between 2005 and 2030.
- Healthy diet, regular physical activity, maintaining a normal body weight and avoiding tobacco use can prevent or delay the onset of diabetes.

**What is the economic impact of diabetes?**

Diabetes and its complications have a significant economic impact on individuals, families, health systems and countries. For example, WHO estimates that in the period 2006-2015, China will lose $558 billion in foregone national income due to heart disease, stroke and diabetes alone.
How can the burden of diabetes be reduced?

Simple lifestyle measures have been shown to be effective in preventing or delaying the onset of Type 2 diabetes. To help prevent Type 2 diabetes and its complications, people should:

- achieve and maintain healthy body weight;
- be physically active – at least 30 minutes of regular, moderate-intensity activity on most days. More activity is required for weight control;
- eat a healthy diet of between three and five servings of fruit and vegetables a day and reduce sugar and saturated fats intake;
- avoid tobacco use – smoking increases the risk of cardiovascular diseases.

ANSWER THE FOLLOWING QUESTIONS

1. Which is most common diabetes, Type 1 or type 2 diabetes?

2. Which country had the most people with diabetes in the year 2000?

3. Which country do they think will have the biggest increase in diabetes in 2030 by percentages?

4. Which country do they think will have the smallest increase in diabetes in 2030 by percentages?

5. What does it mean; “China will lose $558 billion in foregone national income due to heart disease, stroke and diabetes alone”? 
6. Write some healthy instructions for each of the following pictures.

- [Instructions for the image of a woman exercising outside.]
- [Instructions for the image of a cigarette butt on the ground.]
- [Instructions for the image of a bottle of soda and a bowl of unhealthy snacks.]

7. Read the bar graph below and write a summary of the information contained in it and the importance of this information. Please write in complete sentences [approx 20 words]

**Likelihood of Having Been Diagnosed With Diabetes: Obese vs. Non-Obese**

*January-September 2009 results*

- Non-obese adults: 7.4%
- Obese adults: 21.2%

Gallup-Healthways Well-Being Index

GALLUP®
Reading Test 2

Wife, Widow, Wonderwoman!
Janet Holmes á Court heads one of Australia’s biggest private companies, and is the country’s richest woman. She is recognised as one of Australia’s most prominent business leaders, but it is a role she never intended to take on.

Janet studied science at the University of Western Australia where she was the only woman majoring in organic chemistry. After graduating she became a science teacher. While at university she met Robert Holmes a Court, a law student. They married and had four children. Janet gave up paid work to look after the family. During this time Robert, her husband was busy building a global business empire which included car and art collections, city mansions and thoroughbred horses.

When her husband died suddenly Janet inherited the businesses as well as $350 million dollars debt. These events catapulted her into the business world. “I didn't actually think about fear or loathing or terror or whatever, it just seemed to be something I had to do at that time. There were probably a thousand people working for the businesses, and they needed reassurance that because Robert had died the whole thing wasn't going to collapse," she says.

Janet took on the job of restructuring the company to change it from one which focused on the skills of one man to one which revolved around people and teamwork. She saw that the company was quite hierarchical - a pyramid with her husband at the top. She took on the job of changing the company from one which focused on the skills of one man to one that revolved around teamwork.

Of her approach to management Janet says, “I try to turn the pyramid upside down so that I'm at the bottom encouraging and energising people them so that they are all empowered so that they can do what they need to do.”

The business was diverse, but Janet focused the company on the things people need: food, construction and entertainment, and it worked. “Now we've got around seven thousand people working, and that to me is fantastically satisfying - more than dollars and cents, because I just believe that the greatest thing you can give someone is a job.”

Janet was named the most admired businesswoman of the year by her fellow Australians. Her service to business, arts and the community was recognised with an Order of Australia. Her message is that “I believe it is extremely important that each one of us is a participant in life and what's going on around us rather than being a spectator to it and if you do that, if you participate in the world, in your community, your school, your company, or your country, whatever - they you will be useful and hopefully leave the planet a little better.
Answer these questions

1. Why did they use the heading: *Wife, Widow, Wonderwoman*?

2. Why did the writer use an exclamation mark?

3. This article is about:
   - [ ] Australia’s biggest private company
   - [ ] the country’s richest woman
   - [ ] Robert Holmes á Court’s business empire
   - [ ] Janet Holmes á Court’s childhood

4. What career did Janet study for?

5. What caused her to become a businesswoman?
   - [ ] Her children grew up and she developed her own interests.
   - [ ] Her husband died and she inherited his business empire.
   - [ ] She had very little training and she just wanted to take over a business.

6. What was the one thing that made her become directly involved in her husband’s business when he died?

7. What things in the story tells you that Janet was an unusual person at university?

8. Explain how Janet approach to the company and its management was different to her husband’s?

9. How can you tell it was more successful than her husband’s plan?

10. Why did the person write this newspaper article?

11. Why did the writer include this picture?
Writing Test

Write a paragraph about how you have learned English so far. Include the following:

- A description of your formal language learning classes
- A description of your personal efforts to improve your English
- A description of your personal successes and failures in learning English
- A description of your views on the best way to learn English

*NB this is useful information for your new teacher*

You are going to be late home today. Write a note for your family to let them know.
Imagine you write a personal journal every day

Write two journal entries about last Sunday and Monday. Include what you did and how you felt about it.

Sunday

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Monday

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